



**羅鷹石慈慧基金**  
**LO YING SHEK CHI WAI FOUNDATION**

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## **Summary Report**

**May 2010 - December 2016**

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## Golden Period 0-6

The best nurturing makes the greatest child.

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## Chapter 1 Who We Are

Lo Ying Shek Chi Wai Foundation (羅鷹石慈善基金) is a charitable trust which was formally established in May 2010 according to the wishes of Mr. Lo Ying Shek (1912-2006), one of the most respected Hong Kong businessman in real estate development and investment. He was the Chairman and Managing Director of the Great Eagle Group of Companies since its founding in 1963. Mr. Lo senior chose the word “慈慧” implied “giving with kindness and brightness” which was the cornerstone of his charity philosophy. His son, Dr. Lo Ka Shui, a trained cardiologist with an established business record in hotel and real estate industries is the first Executive Chairman of the Foundation.



The late Mr. Lo Ying Shek with Mrs. Lo in 1986

### Role & Function



## Chapter 2 What We Focus On

Our Foundation recognizes that solid commitment to holistic child care is important in ensuring children's development into healthy and balanced adults. The early years of children (aged 0-6) have been recognized as the most important period in the formation of their intelligence, characters and social behaviour. Therefore, our Foundation dedicates itself in **Early Childhood Care and Development ("ECCD")** as one of its major objectives. The other objectives are **Healthcare** and **Environment** for children.



### Early Childhood Care & Development

We are dedicated to educate the public on proper child nurturing through interventions in the communities, families and institutions. We offer professional advice on childcare through our online resources platform and media programs, as well as parenting courses, seminars and talks.



### Healthcare

We are dedicated to improve the health of children by taking measures to improve pregnancy outcomes, neonatal mortality, childhood mortality, immunization rate, nutrition and sanitation.



### Environment

We are dedicated to raise public awareness of environmental issues by developing projects about environmental protection such as pollutions and climate change, in a hope that we can nurture our next generation for future contribution on care for the environment.





## Chapter 3 Principles & Strategies

### 3.1 Guiding Principles

Our Foundation's work is guided by the following principles:

<b>Priority to the vulnerable</b>	Benefitting underserved segments of the communities, eliminating disparities, and promoting equal access to services
<b>Tackle root causes</b>	Employing tested, long-term interventions that address critical needs and root causes
<b>Accountability</b>	Reflecting sound financial planning, resource deployment, management and governance
<b>Replicable and Scalable</b>	Creating a model that can be replicated and scaled up in the future
<b>Partnering</b>	Encouraging active collaboration among stakeholders and communities
<b>Advocacy</b>	Influencing the communities and policy makers for positive changes
<b>Sustainability</b>	Building the institutions' essential capacity for sustainability



### 3.2 Strategies for Creating Impact

For our Foundation, other than just playing the role as a funder, we also play a strategically important role as a facilitator and a responsible advocator for policies to address the fundamental problems.

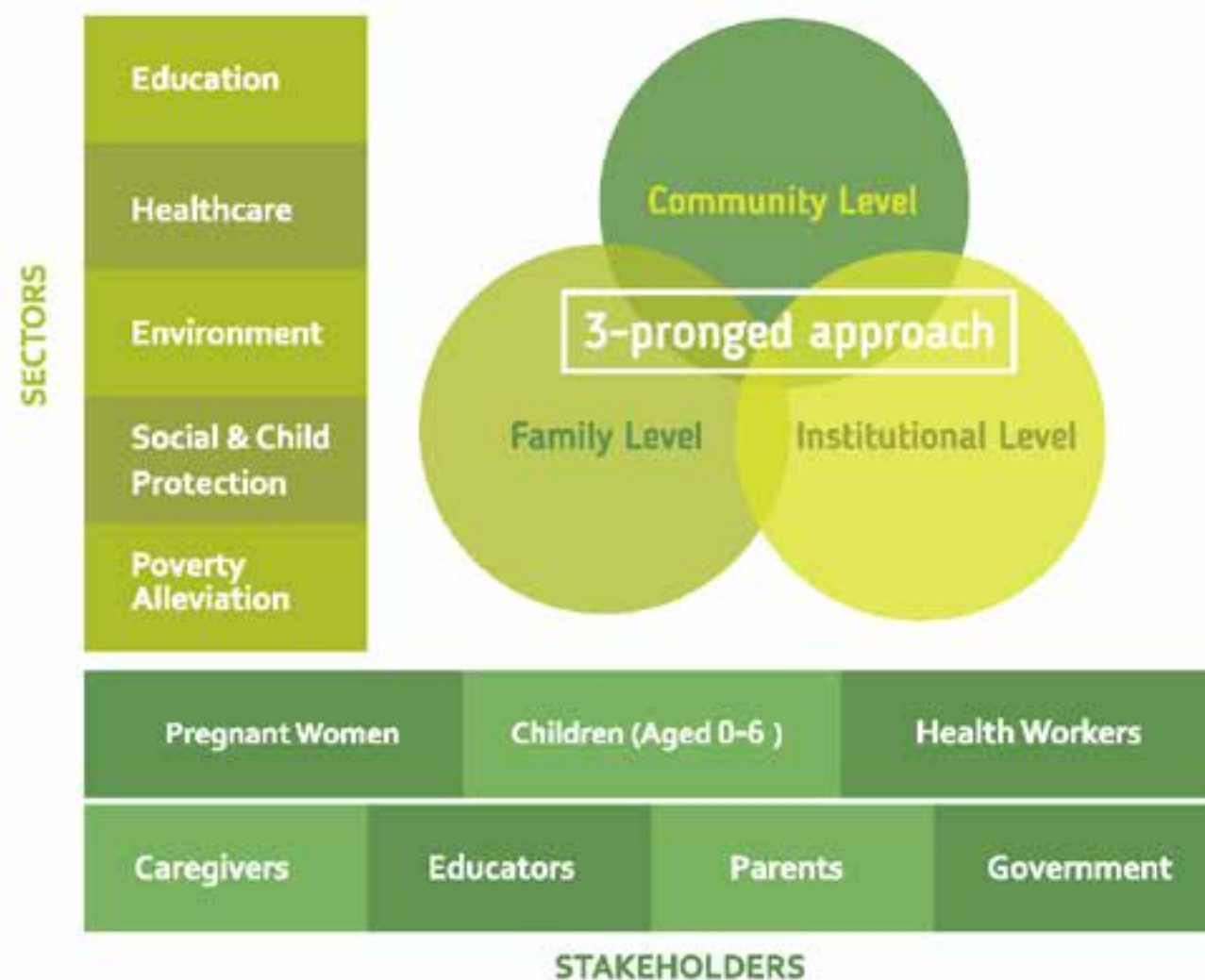
#### (a) Process for social change





**(b) Stakeholders involved in three-pronged approach mapping**

The development of children is shaped by our communities, families and institutions. All these parties are co-related and influenced by each other. No single intervention can result in the path of success while a three-pronged approach can comprehensively address the needs of children in different stages.

**Chapter 4 Early Childhood Care & Development**

To nurture children's physical, cognitive and social emotional potentials to their fullest.

**Vision**

We envision that children should enjoy holistic wellbeing and proper caring, which would help them develop into a better whole-person. Social-emotional, physical, creativity, and cognitive capacities are crucial for children's lifelong learning and growth. We believe that the development of these qualities rely on the joint effort from schools and families. As such, our foundation hopes to play a role in promoting positive and effective parenting skills.

Our Foundation seeks to accomplish the vision by

- strengthening institutional capabilities through training of trainers, helping them deliver ECCD services with confidence;
- facilitating the promotion, delivery and advocacy of the provision of holistic childcare support for the public through workshops and seminars, together with strong evidence-based programs;
- guarding children's rights to be loved, nurtured and cared for.





## 4.1 Service Arm: Healthy Seed

We proactively seek to address the need of Early Childhood Care and Development ("ECCD") program. In 2014, we established Healthy Seed Limited ("Healthy Seed"), a non-governmental organization, aimed at filling up the service gap of ECCD programs through different ways, such as developing an online parenting resources platform and providing professional training courses about parent education. Our social workers also offer different kinds of outreach services.



Healthy Seed is dedicated to promote, deliver and advocate the provision of holistic child care supports and programs, guarding the children's right to develop their physical, cognitive and social potentials to the full.

### Chairman of Advisory Committee



Dr. Lo Ka Shui, GBS, JP  
(羅嘉瑞醫生 GBS太平紳士)

### Members of Advisory Committee (In alphabetical order)



Dr. Chow Chun Bong, BBS, JP  
(周鎮邦醫生 BBS太平紳士)



Dr. Patrick Ip  
(葉柏強醫生)



Dr. Kam Shau Wan, Sanly  
(甘秀雲博士)



Dr. Lee Lai Wan, Maria  
(李麗霞博士)



Dr. Shirley Leung  
(梁士莉醫生)



Dr. Winnie Tso  
(曹蕙怡醫生)

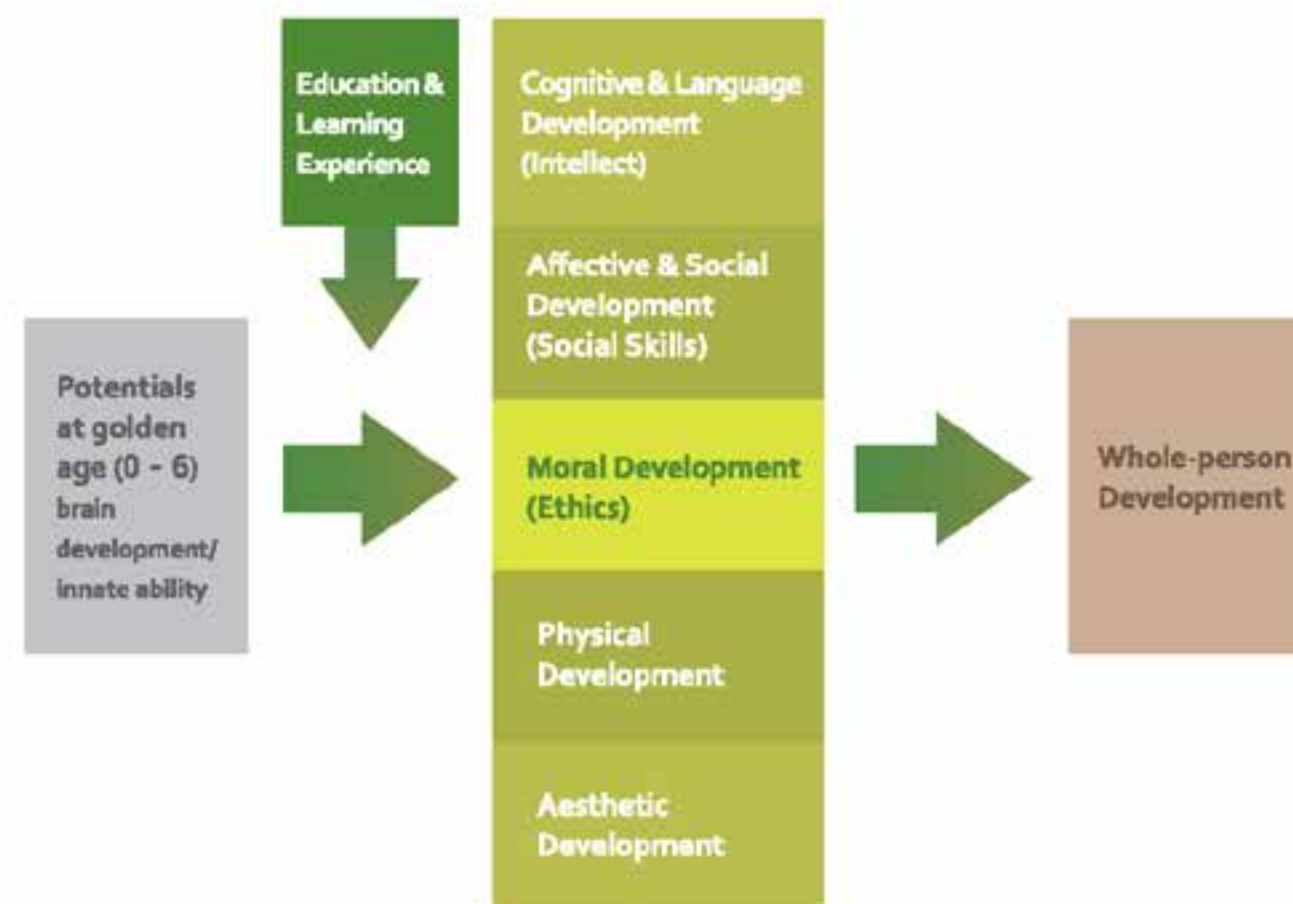


Ms. Caran Wong  
(王嘉穎女士)

## Mission

The early years of children (aged 0-6) have been recognized as the golden period for stimulating their brain development and growth. Healthy Seed dedicates itself to advocate stakeholders to seize this golden period to help children reach their full potential, nurturing them to attain all-round development in the domains of moral (ethics), cognitive and language (intellect), affective and social (social skills), physical and aesthetic in order to prepare them for future life.

Healthy Seed also encourages the society to recognize the importance of positive psychology and values for families and children. Starting from instilling good attitudes and values in children, we hope to create a pleasant environment and bring positive energy to our society.







## 4.2 Highlight of Intervening Agents

Healthy Seed is committed to creating social change by applying two major agents:



### i) Hands-On Parent Empowerment Program (HOPE-20)

HOPE-20 is a parent education program conducted through 20 two-hour group sessions designed for parents with children aged 2-3. The content includes strategies to enhance parent-child relationship, promote child learning and language, and strategies to increase positive behaviour and manage inappropriate behaviour. It is one of the first locally-developed evidence-based parent education programs based on the research conducted by The University of Hong Kong and The Hong Kong Polytechnic University.



### ii) Music

Our Foundation has the same belief as José Antonio Abreu, the founder of a very successful music program "El Sistema" in Venezuela that music has to be recognized as an agent of social development, in the highest sense because it transmits the highest values – solidarity, harmony, mutual compassion and it has the ability to unite an entire community and to express sublime feelings. As a Founding Sponsor and Honorary Patron of Music Children Foundation ("MCF"), we have given continuous support to MCF in offering free early music education to children (aged 1 - 12) to transform lives of children by helping them to develop personal abilities and a sense of community through ensemble-based musical literacy and to use music as agent for social change.



## 4.3 Diversified Programs 2010-2016

### (a) Training Programs (On-going)



#### HOPE-20 Training of Trainer (In-house trainings & mentorship)

HOPE-20 Training of Trainer provides tailor made in-house training courses and workshops. Our social workers also offer on-site intensive mentorship for trained parenting practitioners.



#### Parents' Talk

Conducts talks to give parenting tips such as how to improve parent-child relationships, recognize and manage parents' emotion, co-parenting with grandparents, etc.



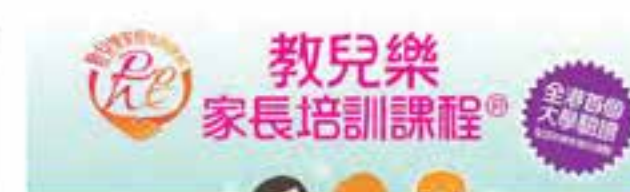
#### Parenting Workshop

Arranges workshops to educate parents on positive psychology, moral education, personal growth and emotion management related to parent-child relationship.



#### Parent-child Playgroup

Organises playgroups to help children develop self-management skills, cognitive thinking, language and communication skills, aesthetic sense and social skills.



#### HOPE-20 Parents' Group

Offers HOPE-20 courses to parents to enhance parents' knowledge and skills to advance family well-being.



**(a) Training Programs (On-going)****Music Children @ Sham Shui Po****Ensemble-based Musical Literacy**

Our Foundation reckons that "music is the basic to every child's education" (Karl, 1992). Every child has the right to experience the transforming power of this art. With such belief, we work in close cooperation with the Music Children Foundation ("MCF") to provide free music education programme for the underprivileged children in Sham Shui Po which are all conducted by professionally-trained musicians.

The core program of the music education includes an orchestra and a choir, with children aged 6-12. They learn to play musical instrument in an orchestra-like environment rather than in a traditional model. Children also have chance to perform in public with full support and encouragement. This core program successfully fosters children's self-confidence, pride and aspiration. It is able to develop children's self-discipline and a sense of responsibility through teamwork as well.

In order to enhance quality parent-child relationship, our Foundation supports MCF to offer a wide range of Parent-Child activities which include watching professional orchestral performances and attending music workshops. We hope that through these activities, parents can share intimate experiences and enjoy quality time with their children which is vital for the holistic development of children.

**Music Cradle @ Sham Shui Po****Playgroup**

This project provides children (aged 1-6) with the opportunities to listen and response to music, learn to sing and play instruments. Through the interactive experiences, children have learnt to appreciate masterpieces of different genre and develop their aesthetic sense, as well as learn life skills such as cooperation, collaboration and group effort at their early age. The addition of an "art" element through the introduction of famous paintings in animated form captures the children's imagination, leading to the association between music and art as things of beauty.

**Logo Acknowledgments in Different Channels****Website & Facebook****Premium & Uniform****Performance**



**(b) Online Resources Platform (On-going)**

<http://babyparent.org> and  
Healthy Seed Parenting Facebook

Expert articles  
Q&A session  
Videos and audio clippings  
Case sharing and diagnosis

**Achievement**

Established "Professional Consultation Corner" which is a communication channel between the professionals and the public. Parents can ask questions about medical and healthcare, children development and nurturing, etc. Since 2015, thousands of parents have been benefited from our service.

**RTHK31 Radio Program**

4 seasons x 13 episodes  
44 mins/episode

**Achievement**

Produces 52 episodes in total



TV program (Viu TV) broadcast in 2017  
(Engaged since Nov 2016)

8 episodes  
23 mins/episode

**Achievement**

NGO TV program on parenting with real cases

**(c) Other Projects (Completed)****Chi Wai Rural Educator Development Project**

Jul 2010 - Aug 2011

Provided training workshops in the Montessori and Waldorf methods for rural early childhood educators. These workshops were led by Hong Kong-based academics and practitioners of early childhood education.

**The Rainbow Program - Printing of National Training Curriculum**

Feb 2011 - Jul 2013

Contributed to the publication of the Foundation's National Training Curriculum, which was used in the organization's collaborative training with the Chinese government's Ministry of Civil Affairs.

**Northwest China Pre-School Teachers' Annual Exchange Program**

May 2011 - Nov 2013

The delegates from Western China visited various pre-schools in Hong Kong and attended seminars led by academics and practitioners in early childhood education. The exchange visits aimed at providing the Mainland China educators an exposure of the latest teaching methods, inspiring them to develop and adopt new teaching ideas at their schools in rural China.

**The 63rd OMEP World Assembly and Conference**

Jul 2011

The discussions at the Conference advanced the research and practice of early childhood education around the world, engendered a lasting impact that would be observed for generations to come.







## (c) Other Projects (Completed)



## 陽光童園 - 農村幼兒教育項目

Jul 2011 - Jul 2012

Refurbished 10 kindergartens at rural areas in Gansu province, renovated the building with modern kindergarten design and facilities for operation.



## HOPE-20 Research Project

Mar 2012 - Sep 2015

The project used efficacy testing, which was conducted using randomized controlled trial design. The participants were randomized into the intervention group and waitlist control group.

There was evidence that the parent training programs could produce positive parent outcomes such as improvement in parent competence and parenting, as well as decrease in child behaviour problem and parenting stress.

The program aimed at sharing strategies to enhance parent-child relationship and to increase positive behavior, prevent improper behaviour and encouraging language learning in early childhood.



## Publication of Dr. Angela Luk's Book on Child Nurturing

Jun 2013

Aimed at preaching the education philosophy of Dr. Luk to early childhood educators in Hong Kong and Mainland China.



## (d) Milestones of the Foundation

2010

Chi Wai Rural Educator Development Project  
Jul 2010 - Aug 2011

2011

The Rainbow Program - Printing of National Training Curriculum  
Feb 2011 - Jul 2013

Northwest China Pre-School Teachers' Annual Exchange Program  
May 2011 - Nov 2013

The 63rd OMEP World Assembly and Conference  
Jul 2011

陽光童園 - 農村幼兒教育項目  
Jul 2011 - Jul 2012

2012

Hands-On Parent Empowerment-20 (HOPE-20)  
Mar 2012 - Sep 2015

2013

Music Children @ Sham Shui Po  
Since 2013

Publication of Dr. Angela Luk's Book on Child Nurturing  
Jun 2013

天晴家庭至有聲計劃  
Sep 2013 - Aug 2014

健康喜動親子樂融融計劃  
Oct 2013 - Sep 2014

提升學前營養質素計劃  
Sep 2013 - Aug 2014

2014

2015

RTHK31 Radio Program : Adorable Baby  
Online Resources Platform  
<http://babyparent.org> and Facebook launched  
Since 2015

HOPE-20 Training of Trainer  
(In-house trainings & mentorship) to Parents  
HOPE-20 Parents' Group  
Since 2015

Music Cradle @ Sham Shui Po  
Since 2015

Parents' Talk  
Parenting Workshop  
Parent-child Playgroup  
Since 2015

2016

TV Program co-productions with ViuTV and Guangdong TV  
Engaged since Nov 2016





## Chapter 5 Healthcare

Inadequate nutrition before birth and in the first years of life can seriously affect brain development. Therefore good nutrition intervention during early childhood stage has long lasting effect and is essential for children's mental and physical health.

Our Foundation funded 3 NGOs: Tung Wah Group of Hospitals, Youth Women's Christian Association and Po Leung Kuk to implement the following nutrition projects:

### 健康喜動親子樂融融計劃



Oct 2013 - Sep 2014

Tung Wah Group of Hospitals

### 天晴家庭至有營計劃



Sep 2013 - Aug 2014

Youth Women's Christian Association

### 提升學前營養質素計劃



Sep 2013 - Aug 2014

Po Leung Kuk

Our Foundation launched a one-year project on Nutrition for Preschool Children. Our project funds were granted to three service initiatives for serving families with pre-school children coming from the low-income families by providing affordable and nutritious meals service. We equipped the families with positive parental skills and knowledge through different programs. In addition, a series of dietary education activities, such as designing nutritious menus, health seminars, workshops and cooking classes were offered in the projects. Through the joint-effort of our Foundation and the service providers, the project successfully cultivated good health and eating habit of the families, fostered a better parent-child relationship by providing a warm and loving setting for them to enjoy their healthy meals together.



## Achievement

Over 64,000 man-times benefited from the nutritious meals, health seminars and workshops.







## Chapter 6 Environment

Our Foundation believes that environment is important to children's health and their development. We concern the impacts of environmental pollutions and climate change on children's health are the two major issues. We will especially focus on air pollution and children's respiratory diseases, as well as preventive measures to reduce environment health hazards on children in the coming years. With the strength of having an established online resources platform and the network with media, kindergartens and other NGOs, we will advocate on education and raise public awareness of environment issues through different intervention strategies such as media-based online information dissemination and support of other NGOs' effort on environmental education programs.



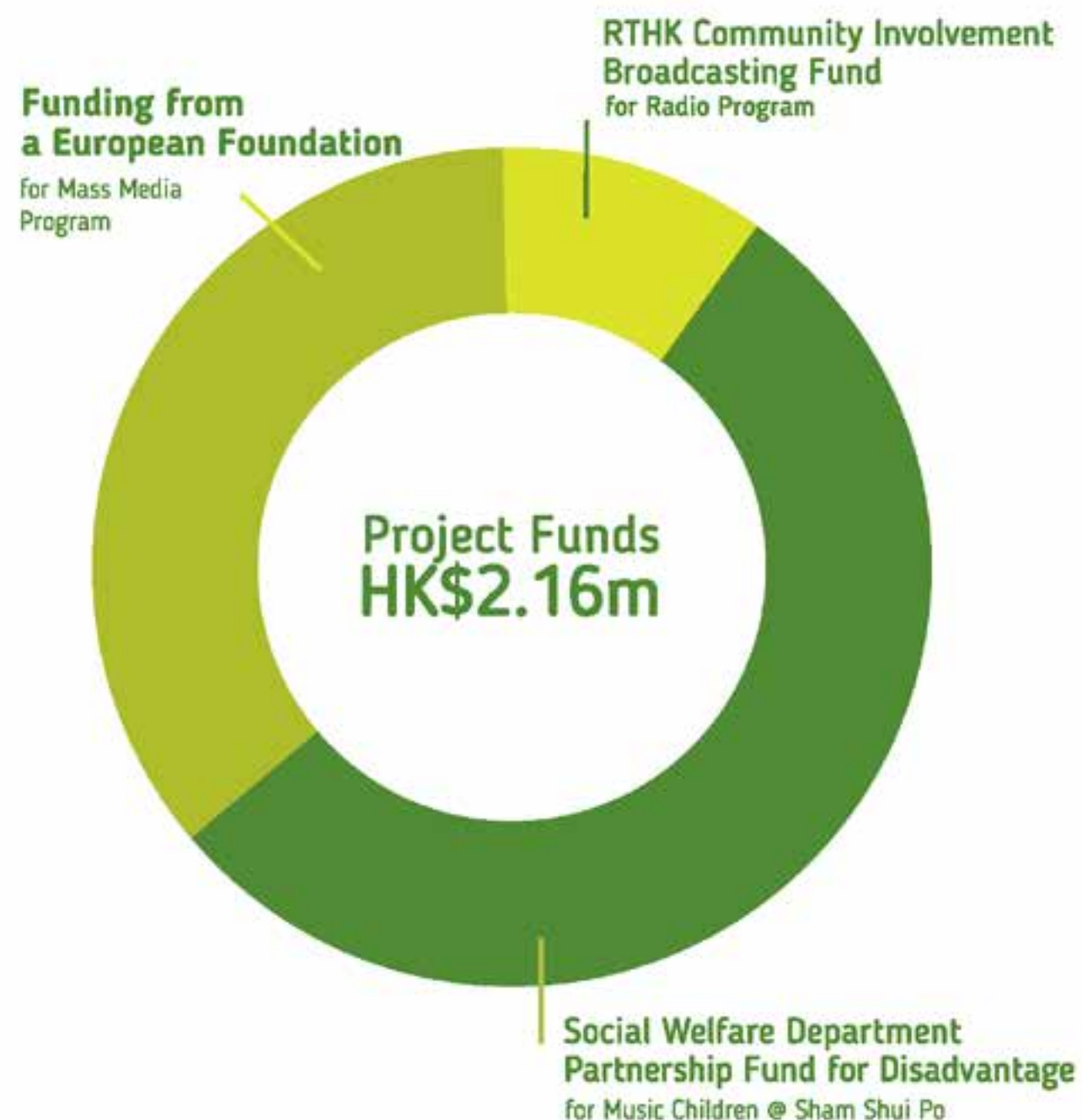
**Healthy Life  
Healthy Children**







## Chapter 7 Funding Support for Projects



## Chapter 8 Acknowledgment to Supporting Organizations

We would like to express our hearty gratitude to the following organizations which have rendered full support to our charitable work:







## Chapter 9 Collaborative Partnership

Content and information sharing with different media, educational and government parties. So as to maximize and optimize the content resources via various platforms.







## Chapter 10

Absury Methodist Social Service  
 Anani Kindergarten  
 Angela Luk's Education Foundation  
 Association of Baptists for World Evangelism  
 Beijing Western Sunshine  
 Caritas Nursery School - Kennedy Town  
 Caritas Nursery School - Tsui Lam  
 Caritas, Hong Kong Caritas IFSC (Fanling)  
 Celebrate Life Baptist Church  
 Child Assessment Service, Department of Health  
 Ching Chung Wu King Kindergarten  
 Choi Wan Rhenish Integrated Children & Youth Services Centre  
 Christian Evangelical Zion Church  
 Christian Family Service Centre, Family Energizer (Integrated Family Service)  
 Christian Social Service Network of Divine Providence  
 Chuk Yuen Church Parent-Child Activity Centre  
 Concord Mutual-Aid Club Alliance  
 Educational Psychology Service  
 ELCHK Amazing Grace Nursery School  
 ELCHK Ling Kung Nursery School  
 ELCHK Ling On Nursery School  
 First Assembly of God Church  
 Five Districts Business Welfare Association Cheung  
 Chuk Shan Kindergarten  
 Free Methodist Church Leung Tin Children & Youth Integrated Services Centre  
 Fu Tai Lutheran Day Nursery  
 Half the Sky Foundation  
 Hans Andersen Club  
 Heep Hong Society  
 Heep Hong Society Healthy Kids Nursery School

HKSKH Lady MacLehose Centre  
 Hong Kong & Kowloon Kaifong Women's Association  
 Sun Fong Chung Kindergarten  
 HK Catholic Marriage Advisory Council  
 HK Christian Service Kwun Tong Nursery School  
 HK Christian Service Lei Cheng Uk Nursery School  
 HK Christian Service Shek Kip Mei Nursery School  
 HK Christian Service Tin Heng Nursery School  
 HK Christian Service, Parlo Education Centre (Kwun Tong)  
 Hong Kong Employment Development Service  
 Hong Kong Family Welfare Society  
 Hong Kong Playground Association  
 Hong Kong Society for the Protection of Children  
 Hong Kong Southern District Government Primary School  
 Hong Kong Student and Society  
 Hop Yat Church Chan Pak Wang Memorial Kindergarten  
 Kowloon Kaifong Women's Association  
 Kwun Tong Methodist Social Service  
 Lai King Rhenish Nursery  
 Living Knowledge Education Organization  
 Lok Fu Rhenish Nursery  
 Mission to New Arrivals Limited  
 MKKFA Chan Hing Social Service Centre  
 Moon Lok Kindergarten  
 Mother's Choice  
 Music Children Foundation  
 Neighbourhoods' and Worker's Service Centre  
 Pentecostal Church Of Hong Kong Tai Wo Nursery School  
 Po Leung Kuk

Po Leung Kuk Kwun Tong Kindergarten  
 Po Leung Kuk Vicwood KT Chong Kindergarten  
 Po Leung Kuk Yuen Long Kindergarten  
 Pok Oi Hospital Mrs Yam Wing Yin Kindergarten  
 Pok Oi Hospital Yuen Yuen Institute Children and Families Development Centre  
 Roman Catholic Diocese of Hong Kong  
 S.K.H. St Christopher's Nursery (Kwai Chung)  
 S.K.H. St Christopher's Nursery (Wan Chai)  
 School Social Work and School Support Services, International Social Service, Hong Kong Branch  
 Semple Kindergarten  
 Social Welfare Department  
 Society for Community Organization  
 St James' Settlement Belcher Kindergarten  
 St James' Settlement Causeway Bay Kindergarten  
 St. Monica's Kindergarten  
 Tai Po (South) Integrated Family Service Centre  
 Tak Sun Private Kindergarten  
 The Boys' and Girls' Clubs Association of Hong Kong  
 The Boys' and Girls' Clubs Association of Hong Kong (Tuen Mun)  
 The Church Of Christ In China Fuk Yau Kindergarten  
 The Church of United Brethren in Christ Social Service Division  
 The Hong Kong Chinese Women's Club Kindergarten  
 The Hong Kong Down Syndrome Association  
 The Hong Kong Polytechnic University  
 The Hong Kong Society for the Blind  
 The Neighbourhood Advice - Action Council Yau Oi Day Creche  
 The Salvation Army Fu Keung Kindergarten  
 The Salvation Army Hing Yan Kindergarten

The Salvation Army Jat Min Nursery School  
 Tin Shui Wai (North) Integrated Family Service Centre  
 Tsung Tsin Mission Graceful Kindergarten  
 Tuen Mun (West) Integrated Family Service Centre  
 Tung Wah Group of Hospitals  
 Tung Wah Group of Hospitals Long Love Integrated Family Service Centre  
 TW FLE & Kwai Tsing FLE Office Cum TWH Family Activity CTR  
 TWGHs Kwan Fong Nursery School  
 TWGHs Lions Club South Kowloon Nursery School  
 Wisely Kindergarten  
 Women's Welfare Club (eastern District) Hong Kong  
 Lai Kwai Tim Day Nursery  
 Women's Welfare Club (eastern District) Hong Kong Nursery  
 World Organization for Early Childhood Education (OMEPE)  
 Yan Chai Hospital 24th Term Board of Directors Social Service Centre  
 Yan Chai Hospital Ming Tak Kindergarten  
 Yan Oi Tong Jockey Club Tin Ka Ping Integrated Children and Youth Services Centre  
 Youth Women's Christian Association  
 Yuen Long Church (Church Of Christ In China)  
 Chow Sung Chu Oi Nu  
 Yuen Long Kam Kwong Church







# Forward

In the past six years, our Foundation has been working with parents and childcare partners to ensure best parenting for their children and we are pleased to see that the children are being well-developed mentally, physically and psychologically. Now we are moving forward to expand our scope of services to environment and healthcare for children, in a hope to achieve the greatest positive impact in the lives of our next generation.




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<http://babyparent.org/>



 Healthy Seed Parenting